

AUGUST LUNCH MENU



Monday, August 4th

Sack Lunch from CCS

~Due to Vacation Bible School
Being On-site~

Wednesday, August 6th

Sack Lunch from CCS

Eating at Ramon's house

~Due to Vacation Bible School
Being On-site~

Thursday, August 7th – BBQ Veteran's Park

Grilled Sausage

Baked Beans, Potato Salad

Watermelon & Cookies

Monday, August 11th

BBQ Chicken Salad

Pasta Salad

Green Beans

Ice Cream W/ Pineapple Sauce

Tuesday, August 12th- Julie cooking

Cold Pressed Salmon Fillet

4-Cheese Mac

Fresh Green Salad w/dill Vinaigrette

Angel Food Cake w/Fresh Berries

Wednesday, August 13th

Pork Chops w/ apples

Cucumber, Tomato, Feta Salad

Rice Pudding

Monday, August 18th

Pork Luau & Rice

Pineapple Coleslaw

Hawaiian Roll

Tropical Fruit Salad

Wednesday, August 20th

Taco Bake Casserole

Corn & Black Beans

Melon

Monday, August 25th

Beef Stir Fry

Fried Rice w/ eggs

Peas & Carrots

Fortune Cookie

Ice Cream Cup

Wednesday, August 27th

Baked Cod

Roasted Mediterranean Veggies

Waldorf Salad

Oatmeal Raisin Cookie

Thursday, August 28th

POTLUCK

Tuesday Lunch Bunch

Every Tuesday a different local restaurant is identified for a no-host lunch. To participate, be at the Senior Center before 11:30am on Tuesday for possible carpooling or meet at designated restaurant at 11:45am.

Wisdom Wednesday Spotlight enjoyable/informational/educational

Wednesday, August 13th

Karen Watson

Lifestyle & Wellness Guide

Workshop encouraging connection, purpose,
and joy!

Wednesday, August 20th

Brain Teasers ~ Family Feud

Perk your brain up with this fun game & test of
knowledge w/Aimee Wilkins from Continuum
Care-Hospice

Wednesday, August 27th

Bingo Birthday Party with singing, cake
and Bingo!