


# September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
27	28	29	30	31	1	2 10am Breakfast Club at Sunset Grill	
3	4  Senior Center Closed	5 10am Coffee Hour 11am <b>Crafty Corner</b> Leaf Door Hanger Sheryl Bender 1pm Mahjongg	6 CCS LUNCH-12pm 10am Coffee Hour 11am Ping Pong 11am Cribbage & Games 12:30 pm <b>Wisdom Wednesday</b> Commercial Fishing Tales	7 10 am Coffee Hr 11am <b>Let's Move</b> 12pm Lunch Sponsored by GHSC ~Sign Up w/Joyce; Space limited (mbrs only)~ 2pm BBB@Peninsula Retirement	8	9 10am Breakfast Club at Sunset Grill	
10	11 CCS LUNCH-12pm 9am Quilting 11am Cribbage & Games 11am Book Exchange 1pm Bingo!	12 10am Coffee Hour 11am <b>Crafty Corner</b> Canvas/Acrylic Painting Sheryl Bender 1pm Mahjongg	13 CCS LUNCH-12pm 10am Coffee Hour 11am Ping Pong 11am Cribbage & Games 1:00 pm <b>Aging Smart</b> A, B, C, & D's of Medicare 2024	14 10am Coffee Hour 11am <b>Let's Move</b> 12pm Lunch Sponsored by Harbor Place ~Sign Up w/Joyce; Space limited (mbrs only)~	15	16 10am Breakfast Club at Sunset Grill	
17	18 CCS LUNCH-12pm 10am Coffee Hour 11am Ping Pong 11am Cribbage & Games 11am Book Exchange 1pm Bingo!	19 10am Coffee Hour 11am <b>Crafty Corner</b> Coffee Filter Flowers w/Deborah Hernandez 1pm Mahjongg	20 CCS LUNCH-12pm 10am Coffee Hour 11am Ping Pong & Games 11am <b>T-Mobile Tech Q&amp;A</b> 12:30 pm <b>Wisdom Wednesday</b> I've Fallen...Now What?	21 10am Coffee Hour 11am <b>Let's Move</b> 12:30 pm Lunch at Peninsula Retirement ~Sign Up w/Joyce; Space limited (mbrs only)~ 2pm BBB@Peninsula Retirement	22	23 10am Breakfast Club at Sunset Grill	
24	25 CCS LUNCH-12pm 9am Quilting 11am Cribbage & Games 11am Book Exchange 1pm Bingo!	26 10am Coffee Hour *10am -2pm <b>Foot Care</b> 11am <b>Crafty Corner</b> Painting Birdhouses w/Joann Hale 1pm Mahjongg	27 CCS LUNCH-12pm 10am Coffee Hour 11am Ping Pong 11am Cribbage & Games 1:00 pm <b>Birthday BINGO</b> Sponsored by Brookdale Harbor Bay	28 POTLUCK 10am Coffee Hour 11am <b>Let's Move</b> 12pm Potluck-Bring a Dish to Share 1pm <b>Speaker: Plant Base Diets</b>	29	30 10am Breakfast Club at Sunset Grill  See menu and more info on back >>>	
1	GHSC HOURS: <b>MONDAY</b> 9:30am-2:30pm <b>TUESDAY</b> 9:30am-3pm <b>WEDNESDAY</b> 9:30am-2:30pm <b>THURSDAY</b> 9:30am-2:30pm 6509 38th Ave, Gig Harbor - Peninsula Lutheran Church's Fellowship Hall Contact Joyce Schultz, GHSC Director @ 253-514-6338 x107 CCS Lunch is served every Monday, Wednesday promptly at 12 Noon; and Thursday's as scheduled <b>September is National Senior Center Month and National Falls Prevention Month. Time to celebrate SENIORS!</b>						